

HOW CAN YOU BE A  
**HERO**  
IN SOMEONE'S LIFE?



## GRAB GATHER GROW

Grab this study, gather a few people, and grow in faith

### SCRIPTURE

(read over the scripture together)

Ephesians 5:1-2 (NRSV)

<sup>1</sup>Therefore be imitators of God, as beloved children, <sup>2</sup>and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

### OPENING PRAYER

God Almighty, you are good. The world you have created is good. Help us today to learn how better to discern good from evil and to commit ourselves to justice, mercy, and walking humbly with you. Amen.

### DISCUSSION

(pick one or two...)

Ephesians 5:1-2 tells us to “*be imitators of God*” and to “*live in love, as Christ loved us and gave himself up for us.*” What does it mean to be imitators of God?

What are some of your favorite television shows, movies, or other artistic works that illustrate the struggle between good and evil? How would these stories or works of art frame our imaginations regarding good and evil?

How does your faith inform your understanding of good and evil? How does following Jesus help us choose good and work to overcome evil?

In an heroic moment, Batman, after a long search finally corners the evil and dangerous Joker in an abandoned building. Just as he is about to catch him, he hears the cry of a little girl trapped in the building. Batman chooses to save the girl even though it means letting the Joker get away. What do you think Christ calls us to do: Do good or seek justice? (if you had to chose)

Discuss the following quote ...

“No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.” - Nelson Mandela

### SERVE

***Change for Change*** this Week: Feed My Starving Children. If you have yet to sign up to join a BUMC team headed to Feed My Starving Children do so ASAP. Next Sunday our Change for Change offering is for Strong Mission. Save your change this week, or make a special donation to this ministry on 2/18 or 2/25

Make two columns; numbering each 1 through 5; list five good actions you could do in the next week; and 5 opportunities for doing evil you may face; share and discuss your lists; circle one from the good list you will do this week; circle one from the evil list you will actively avoid this week. Consider these two circled tasks your service for the week.



**FAITH**  
share read talk pray bless



### AT HOME THIS WEEK

Share your High and Low of the day; read the daily scripture; talk about it; pray about each others highs and lows, and at the end of the day, bless each other with the blessing below or one of your own.

SUNDAY: Ephesians 5:1-2

MONDAY: Micah 6:8

TUESDAY: Philippians 2:5-8

WEDNESDAY: Matthew 7:18

THURSDAY: Job 30:20

FRIDAY: Matthew 28:20

SATURDAY: Luke 10:36-37 (2/18/18 sermon Text)

**BLESSING:** *“Be a Hero: Do Justice, Love Mercy, & Walk Humbly with God.”*