



GRAB GATHER GROW

Grab this study, Gather a few people,
and Grow in faith

SCRIPTURE

(read over the scripture together)

Isaiah 40:21-31

²¹ Don't you know? Haven't you heard? Wasn't it announced to you from the beginning? Haven't you understood since the earth was founded? ²² God inhabits the earth's horizon—its inhabitants are like locusts—stretches out the skies like a curtain and spreads it out like a tent for dwelling. ²³ God makes dignitaries useless and the earth's judges into nothing. ²⁴ Scarcely are they planted, scarcely sown, scarcely is their shoot rooted in the earth when God breathes on them, and they dry up; the windstorm carries them off like straw. ²⁵ So to whom will you compare me, and who is my equal? says the holy one.

²⁶ Look up at the sky and consider: Who created these? The one who brings out their attendants one by one, summoning each of them by name. Because of God's great strength and mighty power, not one is missing. ²⁷ Why do you say, Jacob, and declare, Israel, "My way is hidden from the LORD my God ignores my predicament"? ²⁸ Don't you know? Haven't you heard? The LORD is the everlasting God, the creator of the ends of the earth. The Lord doesn't grow tired or weary. The Lord understanding is beyond human reach, ²⁹ giving power to the tired and reviving the exhausted. ³⁰ Youths will become tired and weary, young men will certainly stumble; ³¹ but those who hope in the LORD will renew their strength; they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary.

DISCUSSION

The Super Bowl this Sunday has not only taken over downtown Minneapolis, but the world's focus turns to this game. The 2018 Winter Olympics open this coming Friday, February 9. Almost 100 nations will participate, competing in 102 events. These events do not include those mentioned by the prophet Isaiah: flying and running. Isaiah also says that success in these ventures is dependent upon one thing: waiting. What does it mean to focus our lives on flying and running with God?

Where do you find strength? How do you *wait* for the world and find your strength renewed?

The Winter Olympics is in PyeongChang, South Korea. How does our faith help us face all the issues dominating the Korean Peninsula? What actions can we take to *run and not grow weary* when the news seems so desperate?

SERVE

With the Super Bowl taking over downtown Minneapolis, the focus being on parties and money and entertainment ... who has been overlooked while we have hosted the world for this game. What actions could you take to reach out to help those displaced or overlooked during the hype leading up to the Big Game?

Do you know anyone from South Korea? It is a anxious time for our South Korean neighbors. Can you reach out to them with a meal, a coffee break, a just thinking of you gift?

Change for Change this Week: Feed My Starving Children
Save your change, make a special donation, and consider signing up with a group from BUMC going to Feed My Starving children and help us assemble meal packs.



FAITH

share read talk pray bless



AT HOME THIS WEEK

Share your High and Low of the day; read the daily scripture; talk about it; pray about each other's highs and lows, and at the end of the day, bless each other with the blessing below or one of your own.

SUNDAY: Isaiah 40:21-25

MONDAY: Isaiah 40:26

TUESDAY: Isaiah 40:27-29

WEDNESDAY: Isaiah 40:30-31

THURSDAY: Mark 1:29-39

FRIDAY: Psalm 147:1-11

SATURDAY: Ephesians 5:1-2

BLESSING: May you fly on the wings of eagles, run and not be weary.